

## Seminars with Jenny Solaria

...break free, liberate yourself and start living again!!



### OneDay-Seminars

#### **Overcoming fear and trauma:**

Release what restrains you! Together with the group you will experience, how simple it can be to dissolve your fears and old traumas. By loving support into a soul journey within, you can gently but powerfully release many old experiences by yourself. Jenny Solaria herself has had many issues to deal with and quite often had to learn how to help herself. Her ambition is the liberation of your soul and the return back into YOUR life. You will learn how to apply age-old wisdom for yourself and your family and this wisdom will always be with you... learn to live more independent and liberated.

#### **Harmonization of Pain:**

Many people suffer from daily pain or have ailments of various kinds. These do not always come along with a diagnosis. Much pain is actually on the soul level. Learn on this one-day seminar causes and chances for these disturbances of consciousness.

Decide self-empowered to change your life, to take action and let yourself be inspired to try alternative ways of healing. Of course just from within yourself without any New (C)Age therapies.

### **Harmonization of partnerships:**

We welcome couples, who want to re-discover their connectedness again. Jenny Solaria lovingly guides the partners back to the core of their relationship again by personal advise and assistance. This reminds every participant on the soul level and thus they can experience Ego-dissolution and harmonization of ancestral patterns and karmic relationships on many levels. When couples go back into their daily life they will be able to see each other through different eyes and to meet on soul level again.

### **Activation of self-healing power:**

Consciousness and environment mold the genes and our DNA. Jenny Solaria conveys points of reference and approaches for self-healing by personal talk with every participant. She has achieved profound energetic knowledge through many years of practical experience in her naturopathic healing practice. She supports you by pointing out directions to find out the next steps for you and therefore this seminar replaces individual treatments or personal life counseling. The group figures out so many things themselves, teaches and learns from every participant. Self-healing can be simple once you recognize the connections and fields of disturbance/ patterns. You will be astonished, how easily you can help yourself and your loved ones, completely independent from physical aids and appliances.

### **Preparation for the seminars:**

- please bring a warm blanket and warm socks or house shoes

- register in time, so that your subconsciousness can prepare yourself (latest 4 weeks before the seminar starts)
- write down any dreams which occur strikingly after your registration
- try to fasten a little and eat child-like as in the past... eat only the favourite dishes from your childhood, start right away after your registration
- please bring light-coloured or white clothes and leave black and red clothes at home

Binding registration by form on the website [www.InLiNa.net](http://www.InLiNa.net)

for any questions about seminars in the UK please contact

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